

Bernard Low Sodium  
Chicken Flavor Base

# Nutrition Facts

160 servings per container

**Serving size 1 cup prepared(4.4g)**

**Amount Per Serving**

**Calories**

**15**

**% Daily Value\***

**Total Fat** 0.5g **1%**

Saturated Fat <.5g **1%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 140mg **6%**

**Total Carbohydrate** 2g **1%**

Dietary Fiber 0g **0%**

Total Sugars 1g

Includes 1g Added Sugars **2%**

**Protein** 0g

Vitamin D 0mcg **0%**

Calcium 0mg **0%**

Iron 0mg **0%**

Potassium 380mg **8%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.